

4 WAYS TO RESET YOUR MARRIAGE

Therefore, if anyone is in Christ, the new creation has come. The old is gone, the new is here! All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation; that God was reconciling the world to himself in Christ, not counting people's sins against them. And he has committed to us the message of reconciliation. We are therefore Christ's ambassadors, as though God were making his appeal through us.
2 Corinthians 5:17-20a

"... the devil ... was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies."
John 8:44 NIV

"Then you will know the truth, and the truth will set you free."
John 8:32 NIV

4 WAYS TO RESET YOUR MARRIAGE

1. Stop trying to change him/her.

- **Pray for God to change them.**
The prayer of a righteous person is powerful and effective. James 5:16 NIV
- **Prayer may or may not change your spouse, but prayer always changes you.**
- **Pray for God to change you.**
- **If you want a better marriage, start by making a better you.**
Search me, God, and know my heart ... See if there is any offensive way in me, and lead me in the way everlasting. Psalm 139:23-24 NIV

2. Stop thinking marriage is a 50/50 effort.

50% Effort+ 50% Commitment = 100% Disappointment

Husbands, love your wives, just as Christ loved the church and gave himself up for her ... Ephesians 5:25 NIV

**What would happen if you both gave 100%?
What will happen if you don't?**

3. Stop minimalizing your sin.

Catch for us the foxes, the little foxes that ruin the vineyards, our vineyards that are in bloom. Song of Songs 2:15 NIV

Therefore, confess your sins to each other and pray for each other so that you may be healed. ... James 5:16 NIV

4. Quit saying there is no hope.

"... with God all things are possible." Matthew 19:26 NIV

The devil is a liar. But the truth will set you free.

RELATIONAL RESET

Week 1

Sunday, February 5, 2023



START TALKING. Find a conversation starter.

- Our thoughts drive our decisions. Are your thoughts about others usually more positive or more negative?

START THINKING. Ask a question to get your group thinking.

- Which part of this message was most impactful for you and why?
- What do you say when you talk to yourself about relationships, dating, or marriage?
- Read **Psalm 139:23-24**. How could this Scripture influence your attitude to better love the people around you?

START SHARING. Choose a question to create openness.

- Talk about a time when you tried to manage a small sin on your own. Did you end up sharing it with others for help and healing? What was that experience like?
- What lies might spouses believe about each other?

- Are there any lies you're believing that need to be replaced with truth? What truth will you use to replace the lies?

- **START PRAYING.** Be bold and pray with power.

Father, thank You for being the Truth that sets us free. Show us where we're believing lies that are hurting our relationships. We're ready to do the hard work of sacrificing, apologizing, and forgiving to have better relationships. Please help us fight lies with Your truth. In Jesus' name, amen.